



### ***Provides...***

Information and support for families who have a premature infant, a child with a disability, emotional or behavioral challenge, chronic illness, or a family who is grieving the death of their child.

### ***Matches...***

Families one-to-one with trained, volunteer Support Parents who have a child with special needs. These volunteer families provide emotional support and share expertise from their own experiences.

### ***Supports...***

Professionals working with families who care for children with special needs.

### ***Sponsors...***

Workshops, trainings, and support groups.

### ***Promotes...***

Collaboration among parents, families, and service providers.

**Serving Alleghany, Ashe,  
Avery, Mitchell, Watauga,  
Wilkes & Yancey**

**All services are  
free and confidential**

*An Affiliate of  
Family Support Network of North Carolina*

*With Support From  
Appalachian State University*

*Appalachian*  
STATE UNIVERSITY

*Children's Developmental Services Agency-Blue Ridge  
Friends of Family Support Network-High Country  
High County United Way  
Partnerships for Children-Smart Start*



## **Family Support Network High Country**

### **Information + Support**

#### ***Does Your Child Have Special Needs?***

**Would you like to talk to a trained support parent who has a child with special needs?**

**Do you need help finding information, resources, and services?**

**Do you want to know more about a special need, disability, or diagnosis?**

#### ***Hablamos español***

**¿Su niño tiene necesidades especiales?**

**¿Usted necesita ayuda para encontrar información, recursos y servicios?**

**¿Usted desea saber más acerca de alguna necesidad especial, discapacidad o diagnóstico?**

**Phone: 828-262-6089**

**Toll free family line: 866-812-3122**

**Mitchell-Yancey**

**Phone: 828-682-4772 Toll free: 866-448-5781**

**Hablamos español: 800-852-0042**

**[www.parent2parent.appstate.edu](http://www.parent2parent.appstate.edu)**

**email: [parent2parent@appstate.edu](mailto:parent2parent@appstate.edu)**